



## Ground Combatives

The ground encounter is one of the most dangerous encounters a police officer will face. Being knocked to the ground and having to fight for their lives police officers face the constant possibility of an immediate deadly threat. Learning how to fight and win on the ground is the objective of this class.

### Topics covered:

- Upright grappling – gaining the advantage
- Grapple position to take down
- Gaining the dominant position on the ground
- Fighting from the bottom position
- Fighting from the top position
- Rest positions
- Surviving the fall - front – rear
- Escapes
- Choke defense
- Take down defense
- Handgun retention

**Duration:** 2 Days

**Tuition:** \$450.00

**Ammunition:** None

**Equipment Required:** full duty uniform or BDU type pants and shirt, gun belt with all attached gear to include mobile radio, handcuffs, baton and ballistic vest.

### TO REGISTER FOR, HOST OR SCHEDULE A CLASS, PLEASE CONTACT:

#### Team One Network

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### Upcoming Classes: