



### **Martial Blade Concepts**

This intensive course presents detailed hand-on training in all the critical combative skills of Michael Janich's acclaimed Martial Blade Concepts (MBC) curriculum. Focusing on the practical defensive use of folding knives, this straightforward, easily learned program emphasizes the stopping power of the knife. It combines an understanding of human anatomy, cutting mechanics, and natural reflexive motions into a system of tactics that allow you to rapidly and decisively incapacitate an attacker with a knife.

**Topics covered:**

- Combative knife grips
- Angles of attack
- The Zone Defense system
- Programming effective defensive responses
- Anatomical vulnerabilities
- Knife stopping power
- Integrating the knife with natural body weapons and mechanics
- Tactical knife selection criteria
- High-speed reflex training drills
- Combat knife draws and openings
- Empty-hand-to-weapon transitions

**Duration:** 2 Days

**Tuition:** \$425.00

**Equipment Requirements:** Clothing and footwear for defensive tactics. Protective equipment, groin protection, body armor and mouth piece.

**TO REGISTER FOR, HOST OR SCHEDULE A CLASS, PLEASE CONTACT:**

**Team One Network**

620 Richards Ferry Rd  
Fredericksburg, VA 22406  
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E-mail: [info@teamonenetwork.com](mailto:info@teamonenetwork.com)  
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**Upcoming Classes:**

*Jan 17-18*      Lake Worth, FL